

creative

LCCA Student Magazine #1

LCCA
London College of
Contemporary Arts

FREE

PHOTOGRAPHY SUMMER SHOW

FASHION

Top make-up tips
for summer

SUMMER

Try our selection
of summer drinks

BRYONY SPEAKS

Exclusive interview with the
Head of the Student Council!

MOVIE REVIEW

FIND OUT WHAT'S HOT
AND WHAT'S A FLOP

LIFESTYLE

GET IN SHAPE FOR
THE SUMMER HOLS

WHAT'S ON IN LONDON

YOUR GUIDE TO EVENTS, ACTIVITIES
AND ATTRACTIONS

LETTER FROM THE DEAN

Dear Students,



Firstly it is my pleasure to introduce you to our first ever issue of the LCCA student magazine: *Creative*. Much thanks is due to the editor, Jackson, who has put a lot of thought and time into preparing the featured articles. I am sure you will find the content both interesting and thought-provoking.

I speak for everyone at LCCA when I say that student satisfaction is our number one priority. To facilitate this, we have recently appointed Student Council Representatives. They are featured on page 2, please feel free to approach any of them to share your ideas, questions or concerns. What can we look forward to in the coming months? Library services at Sheraton House are going from strength to strength. Students now have free, unrestricted access to FT.com and WGSN, the world's leading fashion forecaster and style trend reporter.

Additionally, we've invested in two brand new photography labs at our 5 Holborn Circus campus, giving you more access to state of the art equipment and techniques.

Finally, LCCA are pleased to announce a new partnership with Mod'Art International, a prestigious Private International Institute of Arts and Fashion based in Paris. Mod'Art International has been educating award-winning fashion designers and successful fashion and luxury professionals for almost twenty years.

Together, we will deliver Bachelors and Masters in Fashion, Design, Luxury and Tourism and Graphic Design. LCCA Students will undoubtedly benefit from Mod'Art's large network of fashion industry partners in Paris when looking for internship or employment opportunities upon graduation. We'll bring you more information about the 2014/15 programmes soon.

In conclusion, I would like to congratulate all of our students on the remarkable variety of work you have been able to produce during your time at LCCA – it really is a great testament to your dedication, drive and creativity. The Foundation and Photography Shows held in the Gallery this year were especially praiseworthy. Wishing you all a very good summer. Keep up the great work!

Sagi Hartov,
LCCA Managing Director
and Executive Dean

CONTENT Issue #1

Features

- 3 Meet the Student Council members
Exclusive interview with
the Head of the Student Council
- 4 The Gallery
- 6 Foundation Art End of Year Show
- 8 Snapshot



Photography Summer Show



Alice Gibberd catwalk

Fashion

- 10 Runway – elegant
sportswear trend, A/W 14
- 12 Beauty tips

Entertainment

- 14 What's on in London?
- 16 Movie review
- 18 Top creative apps
- 21 Getting student discounts



Ian Davenport, currently at
the Royal Academy



A chicken salad for a fiver

Lifestyle

- 22 Getting fit for summer
- 24 Summer drinks
Meal for a fiver

Careers

- 19 How to secure a summer job
Intro to the Careers office

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July 2014



A word from the Editor

Welcome to LCCA's first Student Magazine. It is my great pleasure to welcome you to the inaugural issue, *Creative*. While showcasing photography, art and writing from students at LCCA, *Creative* aims to promote creativity and provide relevant commentary on student features, nightlife, health, entertainment, advice on fashion, sport features and much more.

Creative is a quarterly magazine dedicated to the LCCA students providing them with a platform for greater interconnectivity. The active participation of students through their artwork, story ideas, blogs, photography and letters to the editors is highly valued and appreciated.

We always welcome contributions from readers, so if there is something you want to see published in "*Creative*" be sure to drop us an email. editor@lcca.org.uk

Jackson

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 creative writers
 designers
 illustrators

...
 *(including features, music, fashion, film, sport, cooking, reviews, news, etc)
 Contact email editor@lcca.org.uk

WE NEED YOU



Hi, my name is Bryony Sansome (but my friends call me Bee), and i am currently studying my 2nd year in Fashion and Textile design HND at LCCA. Firstly, I'd like to thank all the students of LCCA for voting in the members of the first ever LCCA student council, and all the council members for their nominations and passion in making LCCA an even better place to study. As head of the student council, it is my job to liaise with the faculty and the president of the students union, to ensure that our student's voices are heard, and go about making some changes to improve the quality of all students' time here at LCCA. I will be in close contact not only with all the fashion students, but also the other council members, who will pass along concerns and suggestions from all the other courses for us to address.

MY MANIFESTO

CLASSES ACCORDING TO ABILITY

While I think it is wonderful that LCCA enrolls students with mixed levels of ability, in some cases this can leave some students feeling left behind. I propose that there should be some extra classes available to students, one teaching the fundamentals of the module for those who are beginners, and another intermediate class for students who have got previous experience within the subject so they too can learn something new and develop their skills. This would allow our students to move at a pace which suits them, and would enable the tutors to give every student the level of teaching they need.

MORE EQUIPMENT

While I am happy that we now have some new machinery and a new library. I will battle to get us more equipment, so our students can really get the most out of their time at LCCA. I think LCCA students would benefit massively from having screen printing equipment on campus, and the fashion students should have at least one module in the curriculum that is dedicated to textile design.

Meet your Student Council



Daniela Bordeianu
Photography

Yulia Fytsaylo
Creative Media Production

Cezar Ciobanu
3D Design

Akissi Olga Yao
Fashion Business

Juan Diego Izquierdo Garcia
Interactive Media

Bryony Louise Sansome
Fashion Design

Silvia Marina Dos Santos Pais Lopes
Performing Arts

The New Head of the Student Council

Personally, my favourite uni past-time is museum and exhibition visits. I love to see other artists' work and get inspiration from it. A unique fact about myself is that I originally trained in 3D design and wanted to become a sculptor, but then i caught the fashion bug, so now I make designs from recycled materials....wearable sculptures if you will!! A piece of advice I would give to new students is to realise the power of networking! London is an amazing city, filled full of creative individuals. Never be afraid to speak to other creatives! You never know, the next person you speak to could be a source of inspiration or a business partner! On the right are a few ideas that I am trying to make a reality for our students.

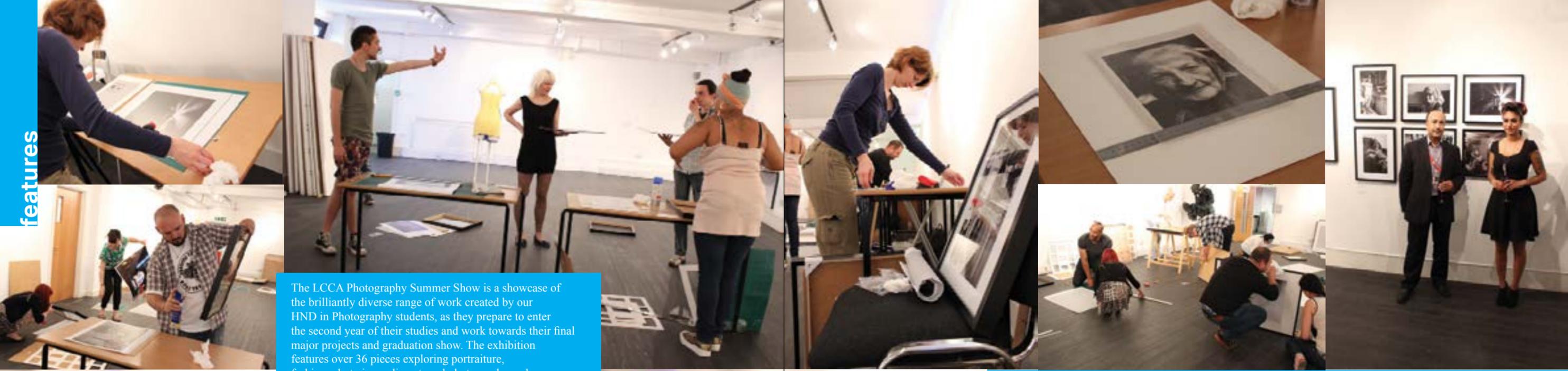
Many thanks,
 Bryony "Bee" xx

COLLABORATION PROJECTS

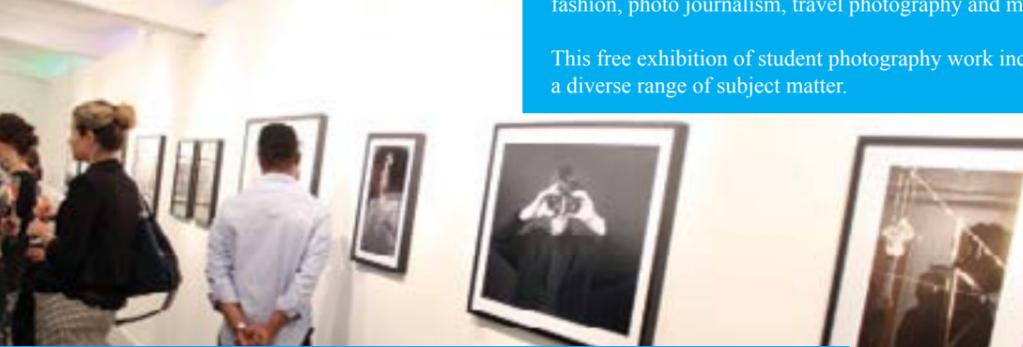
We are very lucky to have a huge amount of talent within LCCA spanning lots of different specialities. It is my intention to help our students network and collaborate with one another, by getting a module included in the curriculum which enables our students from different courses to collaborate with one another. Collaboration and networking are a highly important part of a successful career in art and design. As well as gaining inspiration from each other, it would give our students a real world insight on what it is like working professionally within the art and design industry.

SOCIAL EVENTS

London is filled with art, design and performance events. I propose to create a meet-up group, solely for LCCA students. This would allow students from different specialities to meet one another outside of LCCA, and see some wonderful art, design, and performance events going on around the city. I think a monthly meet-up would be great at lifting the spirits, and give us a real sense of community within our student body! I would love to know your thoughts, comments and suggestions! Please feel free to email me or any of the other Student Council members.



The LCCA Photography Summer Show is a showcase of the brilliantly diverse range of work created by our HND in Photography students, as they prepare to enter the second year of their studies and work towards their final major projects and graduation show. The exhibition features over 36 pieces exploring portraiture, fashion, photo journalism, travel photography and more. This free exhibition of student photography work includes a diverse range of subject matter.



The Gallery Photography Summer Show



ALSO COMING
Don't miss our forthcoming Summer Show in Interactive Media, 3D Design, Creative Media Production and Fashion in September at "The Gallery"



Foundation Art End of Year Show

The Foundation Art Students did a fantastic job at their end of year show portraying different aspects of art ranging from 3D models, costume illustrations, creating a fashion brand, to sublime themes with a collage of philosophical quotes under the title "Seeking Light" and a retrospective visual diary about the life of the student. These are only a few to name. Personal life experiences played a strong role in inspiring students for their exhibits. Some of the other elements that fed into their creativity were challenging themes from fairytales and naturalistic designs in architecture. The concept of aesthetics is well captured and highlighted throughout the exhibition.



Bugche Bozkurt



Chiuman and Victoria

Taylor James Malynn

“ This collection of work has been inspired by the idea of life, death and rebirth. I look towards nature for much of my inspiration and was greatly influenced by how it personally connected with me. The constant evolution of plants, flowers and trees, the way they moved in the winds, the way they created life from nothing and rebuild themselves from the ground up. Butterflies encapsulate the ideals of my work, being born into this world,

reinventing themselves, creating a life of such beauty, eventually to return to nothing more than a pile of dust. I named my final collection 'Flutterby' in memory of my grandfather who passed away earlier this year. A name that brings back childhood memories of joy and happiness deserves to live on in work I know he would be proud of. Next year I will be going on my gap year, I intend on travelling to Sydney, Australia for a year as a trial year

of independent living and exploring the country. I am also currently working on establishing my own brand, this is something I will look to expand in the coming months. ”



Taylor James Malynn

Ella Taylor

“ My final mayor project takes the form of a scale, set model designed for a potential theatre production based on the novel 'The Borrowers'. Created in a range of 3D sculpting materials, including clay and mod rock, the set communicates my ideas for the colours, textiles and styles of furniture and props which would appear on stage. Alongside the model are a series of photographs created to give the viewer an idea of the tone and atmosphere of the production, and the various angles and views of the stage.

designs, and small scale card models. I have also completed a collection of scale drawings and concept sketches to further communicate the layout and plans for the stage design.

In terms of next year, I have been offered an unconditional place at The Fashion Retail Academy, to complete a Level 4 diploma in Visual Display and Retail Branding. Throughout this year I have really enjoyed experimenting and being quite hands on and sculptural in my work. However, I also have a strong interest in the retail environment and feel this is the area of work that I feel I have the most potential in. Therefore, this one year course will combine both my love

of art and fashion. The course includes designing and installing window displays and sets, along with store concepts and the branding behind products and companies. I am really excited to start this course and feel that completing the foundation this year has given me a lot more confidence in knowing which pathway I see myself now following. ”

The main three characters of the play have been shown throughout my FMP, including a set of watercolour and ink costume illustrations, Photoshop pattern



Ella Taylor



Snapshot

“I did this photo for my 30th birthday. During that time my biggest inspiration was photographer Brook Shaden and her levitation portraits. I also wanted to create something magical. I always knew that I would photograph in an autumn forest setting (my birthday is the 25th of October), when nature is covered with beautiful colors. A few days before my birthday I went to Epping Forest, chose the location, put my camera on the tripod, set the timer and did it! But that was just half of the work. Retouching of this picture took around 2 days with breaks. Everything else...? May remain a secret.

Studying HND in Photography at the LCCA changed a lot in my life. Today, I am not only mother to my daughters but I have also actively immersed myself in the “art of photography”. My dream project would be to do a magical photo shoot in the woods with lots of photo props, flowers, lights a beautiful vintage dress and tell a fairy-tale to the viewer. Photographer Brooke Shaden’s levitation and underwater portraits, Tim Walker’s pastel colours and fairy-tales, and Julie de Waroquir Magic Word are my inspirations”.

Ieva Vaitkuviene

Send your photos to editor@lcca.org.uk

Runway

Elegant Sportswear Trend A/W 14

By Fashion Business students
Andreea Radoi and Sonya Nasir

Sportswear continues to be an important theme for next winter, updated for women's contemporary markets with an opulent appeal. The re-vamped trend started emerging as soon as January 2013 with the bizarre fur-lined sliders from Céline.



Alexander Wang



Helmut Lang

The trend has been getting more defined on this season's catwalks - Alexander Wang and Helmut Lang making the slouchy style look especially sleek with the classic shirt and monochrome tones dominating the overall looks.

2014

Sportswear was also a recurring theme at the Royal College of Art graduate show with Alice Gibberd's designs standing out through luxurious textures like leather, wool and even fur complementing the relaxed shapes of the outfits.

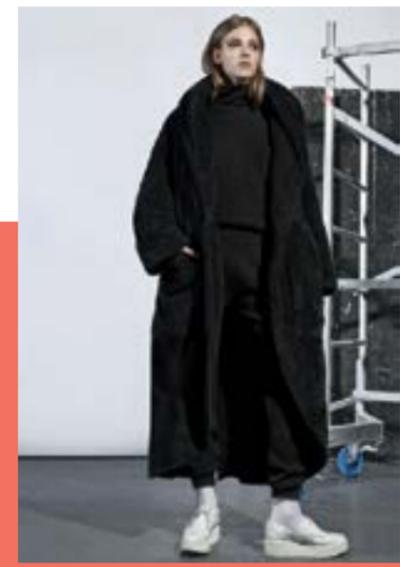


Alice Gibberd



THISISTHEUNIFORM

Emerging designers are getting the most interesting results in this trend. Ukraine-based label Tvortz is pairing its tracksuits with oversized teddy fleece coats (another key item for A/W 14) and THISISTHEUNIFORM is experimenting with silk organza from joggers to veiled baseball caps.



Tvortz

A/W

Top make-up tips for Summer

THIS SEASON'S LATEST LIP COLOUR

If this season's catwalks are anything to go by, Orange lips are the next big thing for summer '14. With models from the Jenny Packham, A Rag and Bone and Moschino catwalks flaunting this tangerine pout, we predict that this trend is set to be a summer go-to.

Follow our easy steps on how to find the right shade for you.



by Jennifer Keelson

OLIVE TO DARK SKIN

Bright oranges naturally look great on olive and darker skin tones, if you're feeling daring, try a bold orange. For extra intensity, or to block out any lip discoloration, you can base your lips with an orange lip liner before applying the lipstick. If this is too intense, then skip the lip liner and try mixing the orange with your favourite red lipstick to make a more subtle orange-red tone.

Add a flick of liquid eyeliner, some gold shimmer over your lids and a little mascara and you're good to go!

FAIR SKIN

If you have a fair complexion then you might want to try a softer shade such as coral or peach, you could even opt for a gloss or something with a sheen finish to give you that dewy, I-woke-up-like-this effortless look; pair it with a neutral eye shadow, nude eyeliner on your lower lash line (or try white eyeliner for that extra pop of colour) and a little mascara, for the perfect understated summer look.



How to prevent make-up meltdown this summer

If you have oily skin then you might find that your makeup doesn't stay put for very long, especially in hot weather. Do not fear, here are three top tips on how to keep your make-up in tip top condition this summer!

FOUNDATION

A lot of foundations are oil based; oil on oil produces more oil, so if you want to prevent shine and that constant oily feeling, opt for a foundation with a water or silicone base. These types of foundation are known for their unrivalled durability, they generally feel a lot lighter on the skin and their heat resistant nature keeps the skin cool and prevents excess oil production, this ultimately keeps your makeup looking and feeling better for longer.



PRIMER

The main purpose of a face primer is not that different to that of a paint primer. A face primer is applied after moisturiser and works to create a smooth surface and to keep your makeup in place for longer. There are a variety of primers available to suit the needs of different skin types, but if you have very oily skin you might want to opt for one with built in oil-control.

MAKE-UP SETTING SPRAY

In the past, setting sprays were exclusive to Make-up Artists for use on fashion shows and television sets, but now there are a wide variety of sprays available on most make-up counters. The main purpose of setting spray is to set your make-up in place to make it last longer. If you have oily skin then you might want to go for a spray that is specially formulated to control oil and also keep the skin cool.





SILENT DISCO AT THE VIEW FROM THE SHARD

The View from the Shard
Joiner St, SE1 9SP
Sat Jul 5 – Sun Nov 16

The silent disco phenomenon reaches new heights at these exclusive Time Out events. Pick your channel and choose your side as three DJs battle it out over separate wireless channels, playing the best in pop, rock and party classics, while you dance the night away at 1,000ft. The View from The Shard is the visitor attraction at the top of Western Europe's tallest building. With unparalleled, panoramic views, it offers visitors a unique perspective on the capital.



LONDON FASHION WEEK

S/S 2015 Collections
Somerset House
Fri Sep 12 – Tue Sep 16

With 60 catwalk shows on the official schedule and further 45 shows off schedule, the London Fashion Week is one of the world class high profile fashion events organized by the British Fashion Council. Visitors will have access to designers through presentations, multimedia-brand and individual showrooms.

LOUIS KAHN: THE POWER OF ARCHITECTURE

Design Museum
Wed Jul 9 – Sun Oct 12

A diverse range of architectural models, original drawings, travel sketches, photographs and films. The exhibition includes a four-metre-high model of the City Tower designed for Philadelphia (1952-57), as well as previously unseen film footage shot by Kahn's son Nathaniel Kahn, director of the film 'My Architect'.



What's on in London?

YOUR GUIDE TO THE EVENTS, ACTIVITIES AND ATTRACTIONS IN LONDON.

FILM4 SUMMER SCREEN

Somerset House Strand, WC2R 1LA
Thu Aug 7 – Wed Aug 20

Watching a movie under the stars in Somerset House's beautiful courtyard on a balmy summer evening is a near-perfect London experience. Annoyingly organised people always snap up tickets early, so book fair in advance. Take a picnic and make a night of it. And remember to bring a cushion – so you can smugly avoid numb-bum on the cobbles.



ROYAL ACADEMY SUMMER EXHIBITION 2014

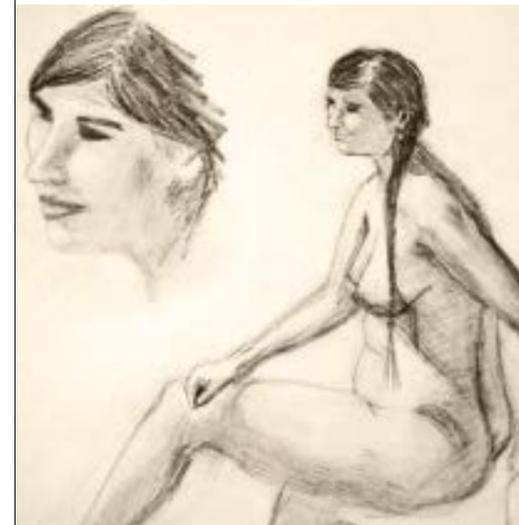
Royal Academy of Arts, Burlington House, Piccadilly, W1J 0BD, Thu Jun 26 – Sun Aug 17

This year's Royal Academy Summer Exhibition feels more than ever like a series of shows within a show. This is a good thing. Just as your appetite, say, for the hot-hued and textured (as in the Hughie O'Donoghue-curated Gallery IV of paintings and sculptures by the likes of Frank Bowling and Phyllida Barlow) starts to wane, you can wander off to the cooler climes of Cornelia Parker's black-and-white themed gallery, given over to the likes of David Shrigley and Martin Creed.

DROP-IN LIFE DRAWING CLASSES

Tottenham Chances Club,
Until Thu Nov 27

Tottenham Art Classes host these weekly sessions teaching artists of all skill levels to draw the human form. No need to book in advance. Buy materials on site or take your own. Over-18s only.



DIGITAL REVOLUTION

Barbican Centre
Silk St, EC2Y 8DS
Thu Jul 3 – Sun Sep 14

This immersive exhibition will explore and celebrate the transformation of the arts through digital technology, bringing together artists, filmmakers, architects, designers, musicians and game developers. The exhibition includes new commissions from artists Umbrellium (Usman Haque and Nitipak 'Dot' Samsen) and Universal Everything; global music artist and entrepreneur will.i.am and artist Yuri Suzuki as well as DevArt, a major new collaboration with Google exploring creative coding. The show also features work by Oscar-winning VFX Supervisor Paul Franklin and his team at Double Negative for Christopher Nolan's ground-breaking film Inception as well as Framestore's innovative visual effects behind Gravity. Artists and performers include Rafael Lozano-Hemmer, Chris Milk, Aaron Koblin, Amon Tobin and Philip Glass; and game developers including Harmonix Music Systems.



THE ALTERNATIVE LONDON TOUR

FREE
Old Spitalfields Market
Brushfield Street, Spitalfields, E1 6AA
Thu Jun 26 – Sat Dec 20

East London's 'alternative' side is revealed on this leftfield tour. Expect to be introduced to the history and culture of the Brick Lane 'Banglatown' and Shoreditch areas as well as current issues and street art. Booking essential via www.alternativeldn.co.uk



DON'T MISS

BOYHOOD

Drama ★★★★★ ⌚166 min

By one way of seeing it, 'Boyhood' represents a spectacularly cheap way of saving on actors' salaries and makeup: to capture his rambling yet absorbing Texas family drama, director Richard Linklater ('Bernie', 'Before Midnight') received permissions from several performers – including his eight-year-old daughter, Lorelei – to shoot his movie with them over 12 years in dribs and drabs. Teenage voices drop, waists thicken and, in one benefit nobody could have predicted, moppet Ellar Coltrane, playing the younger child of a divorced couple (Patricia Arquette and Ethan Hawke),

develops into a magnetically internal student and heartbreaker. Cool as it sounds, this long-game gimmick doesn't automatically guarantee profundity. Linklater, the least pretentious and most relaxed of American filmmakers, would probably say so himself. But amazingly, depth is exactly what he achieves, by letting the years play out in an uninterrupted, three-hour flow, and lingering on moments that most films would cut for pace. 'Boyhood' feels unprecedented for its intimacy; the process is quietly radical (with a hat tip to François Truffaut's 20-year Antoine Doinel series that began with 'The 400 Blows' in 1959), but the unassuming script even more so. We're introduced to the clan in impressionistic bursts. Olivia

(Arquette), a single mother heading back to college, preps her kids for relocation to Houston, while cool dad Mason (Hawke) shows up in a muscle car on weekends for trips to the bowling alley. You root for their reconciliation, but the plot has other plans, bringing on a procession of new husbands for Olivia, most notably a professor who becomes a vicious alcoholic (Marco Perella). Hawke's character, meanwhile, drops the attitude and the wheels, eventually marrying a sweet, conservative Texan from a religious family. Both Arquette and Hawke turn in understated portrayals of long-term compromise, Linklater steering them to the kind of parental wisdom that can only develop over time. Just as vividly, the kids experiment with various musical phases (Britney Spears to Bright Eyes) and small acts of rebellion, growing into independent thinkers. Is 'Boyhood' the most nuanced home movie of all time? Not quite, and that would diminish Linklater's achievement. Better to say that it retrains us to let go of melodramatic expectations and simply let life unfold, a remarkably sophisticated ambition. To some degree, that's what Linklater has been doing with his three 'Before' movies, created over an 18-year period. But 'Boyhood' has a scope that's more thorough and epic. Unshakable, witty and deeply felt, the film will be paying emotional dividends for a long, long time.



A HARD DAY'S NIGHT

Comedy/Music ★★★ ⌚87 min

A sanitised semi-documentary version of life on the road with John, Paul, George and Ringo, with a paper-thin storyline about difficulties with their manager and Paul's Grandpa (Brambell) serving as a linking device to connect scenes of the Fab Four in the studio, in concert, and in flight from frantic fans. Lester's gimmicky camera-trickery – jump-cuts, fast and slow motion, etc, etc – is so much icing on the cake, and has dated badly; but the mop-tops are likeably relaxed, with Lennon offering a few welcome moments of his dry, acerbic wit.



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Movie Review

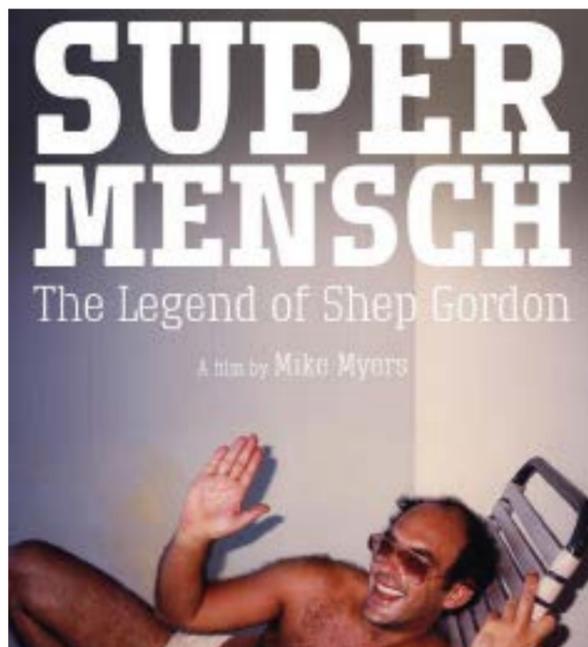
FIND OUT WHAT'S HOT AND WHAT'S A FLOP

SUPERMENSCH: THE LEGEND OF SHEP GORDON

Documentary ★★★ ⌚85 min

Can revered entertainment manager Shep Gordon, profiled in the so-crazy-you-wouldn't-believe-it 'Supermensch: The Legend of Shep Gordon', really have entered the business as Jimi Hendrix's drug dealer? Stranger things have happened. As Gordon now remembers it, this was after being punched in the face by Janis Joplin. You want to believe things like this could happen to a college kid in the right place. With winning candour (of the nonsense Jewish variety), Gordon brushes off his best stories, like the one about putting a chicken onstage for glammy client Alice Cooper to abuse, then calling the cops on his own show, acting like an incensed parent for publicity's sake. It worked.

Viciously funny and a touch sentimental (cancer scare, etc.), the doc bears an atypically verby style for a first-time filmmaker, 'Wayne's World' star Mike Myers, who touches on his own rough patch and Gordon's saintly intervention. It's a portrait that's equal parts shtick and soul— in other words, exactly what 'The Love Guru' should have been.



TAMMY

Comedy ★★ ⌚96min

Comedienne Melissa McCarthy joins up with co-writer, director and husband Ben Falcone, plus a supporting cast including Susan Sarandon, Dan Aykroyd, Mark Duplass and the magnificent Allison Janney. The outline sounds like a pretty typical Hollywood comedy – jobless Tammy finds out her husband has been cheating, and decides to take her alcoholic granny on a road trip. But, after 'Bridesmaids' and 'The Heat', McCarthy is on one hell of a roll, and we're intrigued to see what she'll come up with as a writer. Plus the cast is just outstanding. Can Sarandon do broad comedy? We're about to find out.

THE HUNDRED-FOOT JOURNEY

Drama

DreamWorks Pictures has released a new behind-the-scenes featurette exploring director Lasse Hallström's The Hundred-Foot Journey. Produced by Steven Spielberg and Oprah Winfrey, The Hundred-Foot Journey follows Hassan Kadam, a culinary ingénue with the gastronomic equivalent of perfect pitch. Displaced from their native India, the Kadam family, led by Papa, settles in the quaint village of Saint-Antonin-Noble-Val in the south of France. Filled with charm, it is both picturesque and elegant – the ideal place to settle down and open an Indian restaurant, the Maison Mumbai. That is, until the chilly chef proprietress of Le Saule Pleureur, a Michelin starred, classical French restaurant run by Mme. Mallory, gets wind of it. Her icy protests against the new Indian restaurant a hundred feet from her own escalate to all out war between the two establishments – until Hassan's passion for French haute cuisine and for Mme. Mallory's enchanting sous chef, Marguerite, combine with his mysteriously delicious talent to weave magic between their two cultures and imbue Saint-Antonin with the flavors of life that even Mme. Mallory cannot ignore. At first Mme. Mallory's culinary rival, she eventually recognizes Hassan's gift as a chef and twakes him under her wing.



MR MORGAN'S LAST LOVE

Comedy/Drama ★★★ ⌚87 min

A cloud of held-in grief hangs over this sentimental winter's tale about an elderly American in Paris struck numb by the death of his wife. Like so many old people in movies before him, our hero is given a new lease on life when he meets a spirited young'un who does stuff like teach him the cha-cha, quote Leonard Cohen lyrics and worry when he tries to off himself. The tone never rises above or below a low murmur, and the promising actors seem to be sleepwalking through their impressionistically sketched roles. Though there are some small, beautiful moments in Nettelbeck's drama, 'Mr Morgan's Last Love' as a whole feels like it's been dosed with Xanax.

Creative iPad Apps

We've scoured the app store to find the best iPad apps for design, creativity, inspiration, organisation... and fun, too. We've gathered together the very best iPad apps in Apple's App Store - and many are free. You're sure to find a

timelessly brilliant app that meets your needs, saving you the hassle of searching through the hundreds of thousands available. Whether you're looking to design on your iPad, carry out research, find inspiration,

or improve your task management and productivity there are tones of iPad apps in our list. So here goes, in no particular order...



CAMERA+ £1.49

iPad app Camera+ essentially does three things extremely well: capturing, editing and sharing, and offers some terrific extras compared to the built-in Camera app. For example, if you have a new iPad (which has a proper movable lens system, and actually takes good photos), you can split the touch points for where you want the camera to focus and for where you want it to expose. You also get the option of shooting in burst mode (though the pictures are very low-res), shooting with a five-second time delay, or shooting automatically when the iPad detects it's being held steadily. When editing, there's a good range of special effects you can apply, and you can stack up multiple effects.

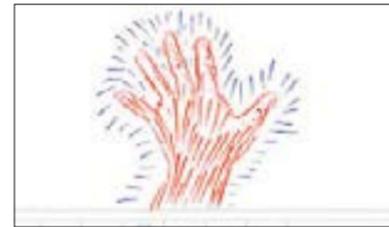


ADOBE PHOTOSHOP TOUCH £6.99

It may not be Photoshop CC, and Adobe Photoshop Touch isn't without its limitations - there's no RAW import, and the maximum image export size is 1600-by-1600. However, this iPad app retains enough of its desktop cousin's features (and places them in a sleek, pared-down, tablet-optimised interface) to make it an essential purchase, and one of the best iPad apps for designers.

PHOTORISTIC HD £1.99

Photostoric HD is an iPad image app that's just powerful enough to be quite useful without overloading you with features that you don't really want. It's all about the standard image adjustment tools (white balance, exposure, contrast, highlights, shadows, vibrance and saturation), with additional colour controls, a black and white mode, split toning and a hefty collection of presets for Instagram-style quick fixes.



LOOP (3) £0.69

Create short, hand-drawn animation with Loop. Inspired by the work of its founder and creative director Matt Pyke, design studio Universal Everything created Loop, a drawing app that allows you to easily create short, hand-drawn animation and share them via email, Tumblr and in the Loop gallery.

MARKSTA £1.49

Like many creatives, photojournalist John D McHugh is sick and tired of people ripping off photos he's posted online. So he's created an iPad app that enables you to watermark your work, adding your copyright information or logo direct from your iPhone before uploading them to Facebook, Twitter, Instagram, Tumblr, or other sites. It's very user-friendly, with a choice of fonts for your text, and the fact that the app's been designed by a pro photographer shines through.

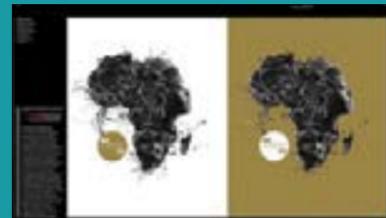


FORMIT

Free app

An iPad app that allows design professionals to create and collaborate on design concepts. Formit comes from Autodesk, the 3D design company behind 3D tools Maya and 123D Catch.

The software supports a Building Information Modeling (BIM) workflow in the conceptual stages of a project, and uses real-world site information using the iPad's location services to support early design decisions with real building data.



COMPUTER ARTS MAGAZINE

Free app
(container app)

Computer Arts: cheaper on the iPad than buying the dead-tree edition, and particularly lovely on the Retina display. Computer Arts is the leading magazine for designers, illustrators and creative professionals, and it's available right on your iPad via Newsstand. "Computer Arts has become a graphical bible for inspiration in design, enabling me to advance my techniques in Photoshop, illustration, logo design and typography," says Woods.

How to Secure a Summer Job

Summer time is a great time for students to enjoy nice weather and do things that they love, but for that you need some money. Getting a job for the summer time can help you earn some money to support your expenses, but at the same time can help you gain some experience and develop skills that you will need later on in your professional life. Here are some tips in finding a summer job.

PREPARE YOUR CV

Your CV is one of the most important factors in finding a job. Make sure you have a well-structured, professional looking CV, no longer than one page if you do not have too much work experience. Also make sure your CV is tailored to the job you are applying for and contains relevant information. If you need help in building your CV you can ask the help of your college's careers services.

WRITE A COVER LETTER

The cover letter is another very important factor in getting a job. It is your chance of presenting yourself to the potential employer, in a way that demonstrates reasons why you would be suitable for the job. You can draft one or two cover letters in advance for different sectors and then tailor them for the particular job that you want to apply for, by addressing the requirements of that position.

BE PROFESSIONAL

This is probably the most important part of any job hunt. Starting from writing your CV and cover letter to contacting employers and presenting yourself in an interview, professionalism is key. Be polite at all times and dress smart.

SEARCH JOBS USING AS MANY RESOURCES AS POSSIBLE

The best way in finding a job is to combine the available resources: look on the job websites, look on company's website, newspapers, sign up with a recruitment agency, going into the company to inquire about available jobs. Do not ignore an important resource in job hunting, that of asking your friends, neighbours and acquaintances if they know of any job vacancies where they work or from people they know.

PLAY TO YOUR STRENGTHS

If you have experience at a particular job, do not ignore it, apply for similar positions. Many employers do not want to go through the process of training new staff from scratch, but do not ignore any other opportunities that arise.

APPLYING EARLY

Start looking for job opportunities as early as possible. Early would preferably be before exams and final deadlines.

DO NOT GET DISAPPOINTED BY REJECTION

Keep in mind that employers have one vacancy for many applicants. Do not take a rejection too personally and keep trying. You can ask for feedback in order to improve your future applications.

LCCA Career Services

Hey guys my name is Carmen, and I'm your Careers Support Manager based in Sheraton House, second floor, room 203. I'm here to offer you help and advice on anything career related, including internships, work experience, and CV and interview preparation.

I'm also able to help and advise you on the following:

- One-to-one career coaching sessions (careers guidance, CVs', sector information, cover letters, Portfolio preparation & interview techniques, Individual Action Plan)
- Mock interview sessions
- Access to online careers information
- Careers support via email
- Job search strategies and support
- Internships
- Careers workshops: (self-assessment workshop; CV workshop; cover letter workshop; building your personal brand & networking workshop, using social media for career success, informational interview, job search strategies & online resources, interviewing techniques, and industry specifics)
- Guest speakers
- Networking events

Our office is opened
Mon - Fri, 9:00 - 18:00

For one-to-one career coaching sessions

I will be available
Mon - Fri, 14:00 - 17:00
To book a session, contact me at careers@lcca.org.uk



Carmen Andreica
Careers Manager



nus extra

Should I buy an NUS Extra card for £12?



Spotify

Save £60 on the purchase of a Spotify Premium account for a year



the gym

Save £20 No joining fee for NUS Extra card holders

That's £80 saved already! What else?



ASOS

10% OFF on all ASOS.com online orders with NUS Extra



FREE FOOD Free Medium Fridge with the purchase of a Big Mac or McChicken Sandwich



ODEON

25% OFF on the price of a student ticket with NUS Extra



national express

25% OFF on all National Express coach travel with NUS Extra

PLUS MORE THAN 100 OTHER OFFERS!

Head to nus.org.uk to check out all the offers available

Amazing, where can I get the card?

NUS.ORG.UK

HOW TO GET STUDENT DISCOUNTS ON ALMOST EVERYTHING

When you're a student, every penny counts. So make sure you're paying as little as you can by using discount schemes



Photograph: Thierry Roge/Reuters

Discounts are the cornerstone of sensible student spending – and you've got more choice now than ever before thanks to a proliferation of discount apps, mailing lists and loyalty programmes. But the NUS extra card stands head and shoulders above the rest.

The key to many student-only discounts, offers and savings, the NUS card costs £12 a year – a bit of an investment, true, but well worth it. You can get it via the NUS website or you might find that your university sells the cards at the beginning of the year, normally at freshers' fairs. Get one at the start of term to maximise your savings – and make sure it's in your wallet when you need it.

When you couple this with other discount suppliers, such as hotukdeals.com or the popular app Vouchercloud, you'll find you can get some kind of discount or offer in almost every shop in town.

Though it's true that there are suppliers who provide discounts for free, none have quite the clout of the NUS card, or the variety: the discounts it affords are wide-ranging and often exclusive. Plus you can be safe in the knowledge that the proceeds are going to a good cause. Rachel Matthey, an NUS vice-president, says: "All the proceeds from sales of the card are returned to the student movement. In the last year, over £1.5m was paid to student unions that promote the card, which enabled them to offer more support to students and fund their clubs and societies. "Some unions have also used the money to fund bursaries and financial support for students who would otherwise be unable to continue studying due to financial difficulties."

Not all shops and services advertise their NUS benefits clearly, so here's a quick guide to some of the more useful discounts hiding in plain sight:

CHEAPER CLOTHES



Many clothing shops offer deals with your NUS extra card – **Accessorize**, **Warehouse**, **Topman** and **Topshop**, **Animal**, missguided.co.uk, **Lipsy** and **New Look**, to name a few. While the standard rate seems to be 10% off purchases, some stores such as **Bench** offer 25% off with an NUS card.

TRAIN DISCOUNTS



The 16-25 railcard saves up to a third on rail travel; a huge help for those travelling back and forth from university by train. The NUS extra card sweetens the deal even further by giving you 11% off the cost of the railcard itself.

FAST FOOD SAVINGS



The NUS knows fast food is a popular indulgence among students, and the card provides some impressive deals. You can get 25% off at **Prezzo**, **Zizzi** and **Ask**, while **Dominos**, **Pizza Hut** and **Pizza Express** all offer a 20% discount with an NUS card. Over at **McDonalds**, if you buy any full meal, you get a cheeseburger or McFlurry for free.

SHOPPING



Food shopping is a chore at uni, with most students opting for the nearest supermarket rather than the cheapest. But with 10% off at the **Cooperative**, it may be worth walking that extra mile or so to save.

STATIONERY SALES



Stationery is one of those necessary evils but the NUS extra card can help alleviate the burden. The card currently gives you 12.5% off **Ryman** online and in store, and 10% off with **Staples**.

HAIRCUTS



You could avoid hairdressers altogether and have a go at cutting your own hair, or let a housemate loose on your barnet. Assuming you have more sense and/or vanity, you'll find most local salons ready to give you a decent student discount. **Nicky Clark** branches chop 40% off their prices for those with an NUS card.

DRIVING DISCOUNTS



The **AA** offers a half-price two-hour lesson, **Acclaim Driving** will do five hours for £55 and then £2 off further lessons, while **BSM** say you can save up to £2 an hour with an NUS card. And those already behind the wheel can save 10% off products and services with **ATS Euromaster**.

BUDGET HOLIDAYS



Going on holiday with your new housemates and friends is a blast, and whether you're planning a short break or a round the world trip, any discount will doubtless be more than welcome. With an NUS card, **STA travel** offers £50 off selected products, while **Real Gap** has 10% off hundreds of gap year and travelling ideas. The NUS card will also save you 25% on late deals with **TrekAmerica**, and 5% on **Contiki holidays**, **easyJet holidays** and lowcostholidays.com.

DISCOUNTED DAYS OUT



A day trip to a theme park looks like a bright idea with 20% off a **Merlin Attraction** pass. It gives you 12 months access to 31 top places in the UK, including **Alton Towers**, **the London Eye**, **Thorpe Park** and **Warwick Castle**, all for £127.20. There are plenty of other options though – **Madame Tussauds** gives 25% off tickets, the **London, York and Edinburgh Dungeons** offer a saving of up to 30%, and **Sea Life Sanctuaries** offer up to 40% off.

TOP TIP

It's always worth checking the full terms and conditions on the website before heading out to use a discount. It is also a good idea to ask whether a shop/service/restaurant does student discounts, as they aren't always eager to point out a discount but will apply it if you ask.

Don't restrict yourself to discounts covered on the NUS extra website. If you search online, you may be able to find the discount voucher you want, particularly for restaurants (try vouchercode.co.uk or moneysavingexpert.com).

GET IN SHAPE FOR THE SUMMER HOLS

1 MAKE A SMALL CHANGE – AND STICK TO IT

Set one goal for yourself at a time. Maybe it's removing soda from your lunch or simply remaining active for five minutes a day. Just make it attainable and commit to it.

Once you master that first goal, add another and so on. When you do what you say you're going to do, the scale will follow.

Does the thought of slipping into shorts or a swimsuit leave you panicked? No sweat. With these easy fitness tips, there's still time to get in summer-ready shape without going on a crash diet.

Taking small steps will put you in the right direction. Here are eight fitness tips to get you ready for the season:

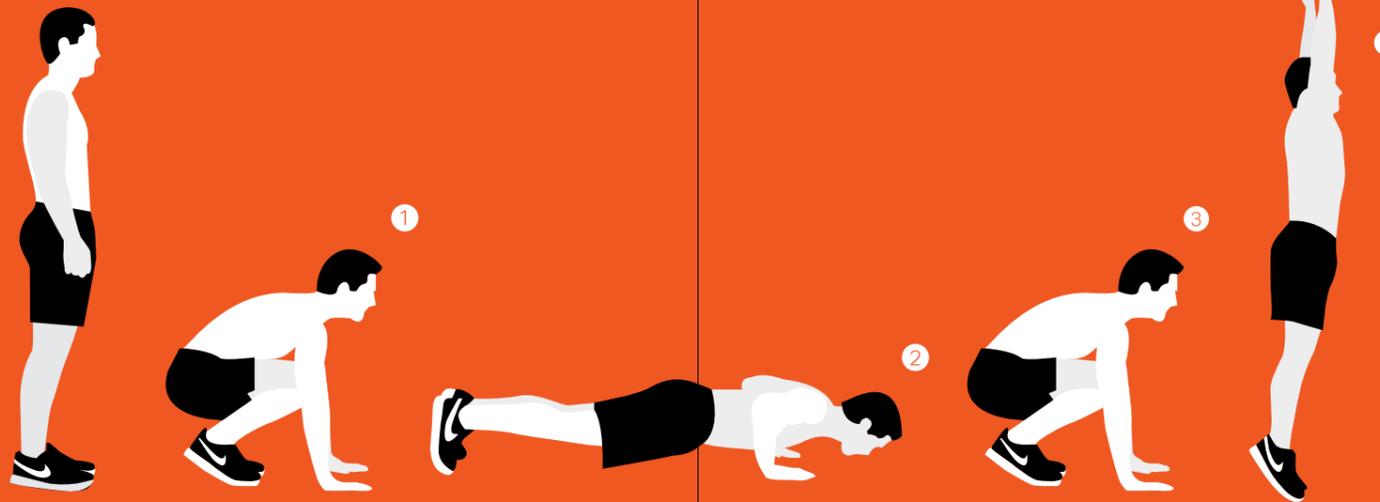
4 DON'T SKIP CARBS

Carbs fuel the body for weight loss. Just remember that not all carbohydrates are created equal: white bread, rice and sweets are nutritionally poor, but sweet potatoes, brown rice, steel-cut oats and whole-grain bread are both delicious and healthy.



5 WORK OUT AT HOME

You don't have to commit to a gym to get your exercise. Instead, focus on fat-blasting moves you can do from the comfort of your home.



7 LEARN TO LOVE THE BURPEE

They're tough, but they hit nearly every muscle in the body and get your heart rate up.

To perform this whole-body exercise

- 1 Start by squatting with your hands on the floor in front of you.
- 2 Kick your legs back into a push-up position
- 3 Jump back into the squat, and then jump to a standing position.
- 4 You can modify the move by doing the push-up on your knees or going directly from the push-up to a standing position.

2 BE REALISTIC

As much as we'd all love to drop 10 pounds in a week – especially as summer approaches – it's not very doable without going to extreme measures.

Instead, strive to lose one percent of your body weight a week. That's a healthy goal.

3 WATCH YOUR CALORIES

Nutrition is more than half the battle in weight loss. And while you don't have to obsess over every bite, you do need to be aware of how many calories you're taking in. The average woman should aim for 1,500 calories a day, 2,500 calories a day for men.

ONE GOAL AT A TIME



6 EAT REAL FOOD

Forget the packaged diet dinners and low-fat snacks. You can't out-train bad food. Fresh fruits and vegetables are higher in nutrients than processed meals – plus, they're rich in fiber, which will keep you feeling fuller longer. Lean meats like turkey are high in protein and will help you burn more fat while building muscle mass. And yes, you can put some steak on the grill, just eat it in moderation. The calorie count is higher in red meat, so opt for three ounce portions instead of the four ounces you would eat of chicken or fish.

8 TRY INTERVAL TRAINING

For the optimal metabolism-boosting workout, sprint on a track or treadmill as fast as you can for 30 seconds, rest for 90 seconds, and then sprint again. Ten sets of sprints will give you a heart-thumping 20-minute workout – plus your body will continue to burn calories at a higher rate for the rest of the day. You put your body in an oxygen debt, so the body has to overcompensate and work harder to oxygenate the body.

By making easy changes and following these fitness tips, you'll be confident and beach-ready before

HULA HULA SWIZZLE

50ml funkin Margarita mixer
50ml Sailor Jerry
10ml Grenadine/splash
of bitters splash of soda

STEPS
Build!

BAJITO

6 Basil leaves
6 Mint leaves
1 Funkin Pure Pour Lime Puree
2 Bacardi Superior Rum

STEPS
Lightly muddle mint and basil in glass just enough to bruise. Add rum, sugar and Funkin Pure Pour Lime Puree, half fill glass with crushed ice and churn with bar spoon.

TUSCAN MOJITO

75ml Funkin Mojito Mixer
25ml Disaronno
25ml Havana 3yr
Splash of soda
Mint leaves

STEPS
Build & stir.
Garnish with mint leaves.

RASPBERRY DEBONAIR

1 Funkin Raspberry Puree
2 Ketel One vodka
1.5 Funkin Pure Pour
Lemon Puree
0.5 Crème de framboise liqueur

STEPS
Add first six ingredients, shake with ice and fine strain into ice filled glass.
Top with soda, lightly stir and serve with straws. crushed ice and churn with bar spoon.

Drawing: Callum Sloss

Keep it cool with these summer drinks!



Dinner for a fiver



For 4 servings
2 cups rice
2 cups shredded cooked chicken
2 cups shredded carrots
1/4 cup sliced scallions
1/4 cup chopped olives
1/4 cup chicken broth
1/3 cup orange juice
2 tablespoons lemon juice
2 tablespoons chopped fresh mint
2 tablespoons chopped fresh cilantro
2 teaspoons olive oil
1/2 teaspoon ground cinnamon
1/8 teaspoon cayenne pepper
Salt & pepper

MOROCCAN CHICKEN SALAD

1 — Bring rice to boil and then add pre-cooked chicken, carrots, scallions and olives to it. 2 — Whisk together the chicken broth with orange juice, lemon juice, mint, cilantro, cayenne, cinnamon, salt, pepper and oil. 3 — Mix the dressing with rice, chicken and vegetables from step 1 and your dish is ready to be served.

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